2015 ASES Traveling Exchange Fellowship Report

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Thanks

First, thank you to the ASES for the opportunity to complete this fellowship. It is a highlight of my career. And I had the opportunity to travel with a terrific co-fellow in Bassem El-Hassan. There may not be 2 more different people to ever do this fellowship, but I made a great friend.
Thanks

And thank you to our hosts...you were all exceptional. We could not have asked for a better experience.
Lyon
Our first stop was Lyon to visit Gilles Walch, Arnaud Godeneche, Lionel Neyton and Laurent Nove-Josserand.

It was here that we picked up a trick that I now use almost every day…traction in the beachchair position for shoulder arthroscopy.
An additional point was how low the blood pressure can be run in the beachchair position. While most of us strive for relative hypotension, it was impressive how low the blood pressure was kept on these patients with no adverse consequences.
Certainly, getting to scrub with Gilles for a reverse arthroplasty was also a high point.
Lyon
And Bassem went shopping. This was a theme.
Manchester
Manchester

Our second stop was Wrightington Hospital in Wigan, UK. And Len Funk was also a terrific host.

The first thing you get to do is sit in Sir John Charnley’s chair

(It’s really just an old random chair)
Manchester

There was a great set of cases including a subacromial balloon as part of an ongoing randomized controlled trial.
Manchester

We also took in a rugby match as well as a Manchester United game.
Madrid
Madrid

Our 4th stop was Madrid with Samuel Antuna, Antonio Foruria, Emilio Calvo, and Raul Barco. To be hosted by such welcoming and genuinely good people was truly an honor.
Emilio Calvo had several arthroscopic Laterjet’s on the schedule
And we also saw the very high volume shoulder and elbow trauma clinic at Hospital Universitario La Paz.
And then we took part in a 12 hour lunch (2PM to 2AM). What an amazing experience.

Madrid
Madrid

And of course a trip to Bernabeu, home of Real Madrid
Stockholm
Our 6th stop was Stockholm to visit Anders Ecklund and his team.
It was very impressive to see how complex and revision shoulder arthroplasty can be done with a surgeon, a Mayo stand, and a scrub nurse.

No assistant.

No fellow.
Stockholm

And no trip to Stockholm is complete without a visit to the ABBA museum
A Final Thanks

This five week traveling fellowship was an exceptional educational and social experience. To visit these outstanding centers was truly an honor. And we would highly recommend this experience to any shoulder and elbow surgeon looking to advance his or her practice and our field.