



GARY M. GARTSMAN, MD

**C**ONGRATULATIONS to Tom and Diana Norris for hosting a wonderful Closed Meeting in Napa. For those of you unable to attend, the setting was fabulous. The scientific program organized by Buzz Burkhead was one of the finest we have ever had. Thanks to Tom and Buzz, and everyone on the program committee. A special thanks to all who did attend because it is your participation that makes the event so special.

Plans are underway for next year's meeting October 30-November 2, 2002. The Inn at Spanish Bay is located in Pebble Beach, California. Described by Robert Louis Stevenson as the most heavenly meeting of earth and sea, the Closed Meeting will have a spectacular venue. The resort overlooks the ocean and tranquil walks along the dunes are almost obligatory! The town of Carmel is picturesque and beckons visitors to spend a relaxing day exploring the interesting shops. Big Sur, the 17-mile drive, and Monterey each offer something special but I hope all of you will still attend the scientific program.

I believe that there are golf courses in the area. This rumor has not been confirmed. Have faith that as your President I will investigate and report back to you.

Our organization is in excellent condition but I encourage any of you who have improvement ideas for the Closed Meeting, committee structure or special projects to contact me. Rick Matsen and Jim Tibone would like to hold a 2nd symposium that combines clinicians and basic scientists similar to the one we had in Vail in 1992. They are in the process of exploring this exciting option for 2003 and have already contacted the AAOS, NIH and OREF. Sandy Kirkley is interested in developing a structure that would allow us to do collaborative research on-line. Frank Jobe and Bill Mallon are planning a symposium on golf and the shoulder for the Scientific Program and Lou Bigliani will try to organize a combined symposium with our European colleagues.

My best wishes to you for a great 2002 and I look forward to seeing all of you in Pebble Beach.

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BILL MALLON, MD

My father was an Irishman from the New York area, and a member of the Notre Dame subway alumni. I grew up believing that only Notre Dame, Army, and Navy really played big-time college football, a notion that Dad only reluctantly released. He had always wanted to go to a football game at Notre Dame, and in the autumn of 1999, Tony Romeo helped me out and was arranging tickets for a Notre Dame game in front of the Touchdown Jesus. I was going to take Dad there, but a book was due, and the publisher was hassling me on the deadline. I talked to Dad about it, and he said we could wait. He came down to visit me that weekend and actually helped me do some work on the book. "We would go watch the Irish next year," he said. But next year never came. My Dad died in July 2000.

I only start with this story in light of the recent tragedy that has befallen so many Americans in New York and Washington. Though I heard no stories in Napa about close family members who were lost, all of us know somebody, who knew somebody, who ... And the New York members of ASES surely lost close friends. We were all affected in some way.

The tragedy has made many of us reflect on our lives and how we live them. After Rich Caspari died, Carl Basamania and I were talking, and he told me he couldn't decide if this meant he should eat only healthy food, lose weight, and work out religiously, or if he should accept the fates, eat another bacon cheeseburger and have some more wine. Similarly, loss of life like this makes us all wonder about how we spend our days and what is in store for us all. Is it any wonder that on September 17, I went out and bought

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my childhood dream car – a metallic royal blue ‘Vette? Perhaps Roger McGuinn of The Byrds described me best, “Ah, but I was so much older then, I’m younger than that now.”

It is often said that when the end is near, nobody ever wishes they had spent more time at work, working harder, and that on reflection, they may have made different choices. I certainly wish I had gone to that Notre Dame game in the fall of 1999. The book and the publisher could have waited, but my Dad never got a chance to sing the Notre Dame Fight Song in South Bend. I wish I could hear him now, waking up the echoes, and sending volley cheers on high.

And now we have returned from Napa where we all gathered for some academic study, some fellowship, and to heal some wounds – to return a bit to our normal lives, in which all of us are passionately interested in problems of the upper extremity. So carry on, and let’s do all we can to advance the science of shoulder and elbow surgery. But perhaps when making decisions about our lives, let us never forget that the next Notre Dame game may never come. As Thoreau said in ending *Walden*, “Only that day dawns to which we are awake. There is more day to dawn. The sun is but a morning star.”

I leave you with the words of A. E. Houseman from *A Shropshire Lad*:

Loveliest of trees, the cherry now  
Is hung with bloom along her bough,  
And stands about the woodland ride  
Wearing white for Eastertide.

Now, of my three score years and ten,  
Twenty will not come again,  
And take from seventy springs a score,  
It only leaves me fifty more.

And since to look at things in bloom  
Fifty springs are little room,  
About the woodlands I will go  
To see the cherry hung with snow.

Bill Mallon, MD *Editor*

**Mark Lazarus**

Mark Lazarus joins the ASES out of Philadelphia where he is the director of shoulder and elbow surgery at the Albert Einstein Medical Center. Mark finished college at the Johns Hopkins, and did his medical school at the New Jersey Medical School. His residency was done at Penn and he did a fellowship in shoulder and elbow surgery at the University of Washington. He has had 23 publications in the orthopaedic literature and eight book chapters. Of his peer-reviewed publications, all but four were done on the shoulder and elbow.

As to his personal life, Mark asked if any other ASES Members actually had one. He is married to Nancy, a former Internist, who now takes care of Mark, their children, and their home. They have three children – Aaron (9), Danielle (7), and Ross (3). Mark spends most of his free time with his family, but saves some for his hobby of road running, trying to get out 3-4 times/week. He notes a highlight of this is a run he has each year at the Academy meeting, when he and Rick Matsen try to get out for 8 miles of exercise, which he says leaves him with “a decade’s worth of research ideas.”

**Gary Perlmutter**

Gary Perlmutter became an ASES member at the 2000 Closed Meeting in Austin. Gary is a native New Yorker who now practices at Mass General. He went to college at SUNY Upstate in Oneonta, and then attended medical school at Hahnemann. His residency was at the University of Miami and he then was the Carter Rowe Shoulder Fellow at Mass General. Gary has had 10 papers published on the shoulder and multiple abstracts and presentations.

Gary has been married to Rhonda for eight years. They have two children – Sammy (5) and Jackie (2), and a large German Shepherd named Casey Jones. He spends a lot of his time with his family but lists his hobbies as “art, music, and jewelry making” and also notes that he loves to play basketball and ski.

**Alexandra “Sandy” Kirkley**

New ASES member Sandy Kirkley comes to the society from the University of Western Ontario (UWO), where she is extending the Hawkins tradition at that Canadian university. Sandy is a native of Mississauga, Ontario. Her education included college and medical school at UWO, followed by a residency at McMaster University in Hamilton, Ontario. Her fellowship was done in London with Tony Miniaci, Ned Amendola, and Peter Fowler. She also earned a Masters in Health Research Methodology and has an extensive background in epidemiology and statistics. She is a past-President of the Canadian Academy of Sports Medicine. Sandy has had 10 peer-reviewed publications, with many in press.

Sandy was a former varsity swimmer at Western. She is married to Mike, a UWO football player who briefly played in the CFL. They have two children – Colin (6) and Connor (4) and an older Golden Retriever named Chess. She still tries to swim and she and Mike both fly their Piper Saratoga. Her current life? “I’m in the end zone and doing the dance. Could life be any better?”

**Steve Petersen**

New member Steve Petersen is currently Chief of Orthopaedic Surgery at the Hutzel Hospital near Detroit, and Associate Director of the Orthopaedic Residency at Wayne State University, where he is an Associate Professor. Steve studied at Monmouth College in Illinois, and then went to med school at Rush. He did his residency at the Mayo Clinic and his fellowship at the Steadman-Hawkins Clinic. After his fellowship he served in the military and was stationed at Letterman U.S. Army Hospital at the Presidio in San Francisco. He has authored eight book chapters and 10 peer-reviewed publications, along with multiple abstracts and presentations. In September 1999, Steve was an ASES Travelling Fellow. He is also a Corresponding Member of the European Society for Surgery of the Shoulder and Elbow.

Steve and his wife, Gail, live in Troy, Michigan, and have two children – Bryan (18) and Becky (15) and two one-year-old Golden Retrievers, Holly and Peter. Steve’s hobbies are spending time with his family, skiing and golf.

## MEMBER NEWS

New member moves – Greg Nicholson has left Indianapolis and is now in Chicago at Rush-Presbyterian with fellow member, Tony Romeo. Rich Friedman is still in Charleston, but has left the Medical College of South Carolina and started his own private practice.

One of the founding members of the ASES, Carter Rowe, recently passed away at 94 in his hometown of Fredericksburg, Virginia. Rowe was associated with Mass General since his medical school days, but in recent years had split his time between Fredericksburg and his home in New Hampshire.

Condolences to founding ASES member Charles Rockwood, whose wife, Patsy, died recently after a long illness. At the Napa meeting, Tom Norris gave a short tribute to her and Carter Rowe and the group stood for a moment of silence in their honor.

In March 2002, the *Pittsburgh Post-Gazette* named Freddie Fu as one of the top 50 business leaders in Pittsburgh. Dr. Fu was ranked #38, which he notes is not too bad for somebody who spends most of his time in the operating room and seeing patients. Ranked #1 was Secretary of the Treasury Paul O'Neill.

In May, Bill Mallon was presented the Olympic Order in Silver by former IOC President Juan Antonio Samaranch, for his work as President of the International Society of Olympic Historians (ISOH).

Gerry Williams has been awarded an OREF Research Grant for the study of "Healing of Tendon to Bone Insertion Sites in the Shoulder: The Role of the Mechanical Environment."

### SHOULDER AND ELBOW FUTURE MEETINGS

**18th Annual San Diego Shoulder Arthroscopy, Arthroplasty and Fractures Course** Hyatt Regency La Jolla, San Diego, CA and UCSD School of Medicine, June 19-22, 2002. Course Chairman: James C. Esch, MD. For more information contact Rebecca Quiring, Course Coordinator, at (760) 940-2066 or by fax (760) 940-6110 or email rebeccaq2@home.com.

**IXth International Congress on Surgery of the Shoulder** Hyatt Regency in Washington, DC, May, 2-4, 2004. Sponsored by the American Shoulder and Elbow Surgeons. Chairman: Bob Cofield.

**3rd Biennial Shoulder and Elbow Meeting** Orlando World Center, Marriott Resort, Orlando, Florida – April, 4-7, 2002. Jointly sponsored by AAOS and ASES. Contact the AAOS. Course Chairman: Louis Bigliani, John Fenlin, Evan Flatow, Tom Norris, and JP Warner.

**Management of Upper Extremity Arthritis: Update for Surgeons** Contact Lee Osterman, Hand Rehabilitation Foundation, 834 Chestnut Street, G-114, Philadelphia, PA 19107 (215)-925-4579, (215) 925-2386 FAX, or web site: [www.handrehabfoundation.org](http://www.handrehabfoundation.org)

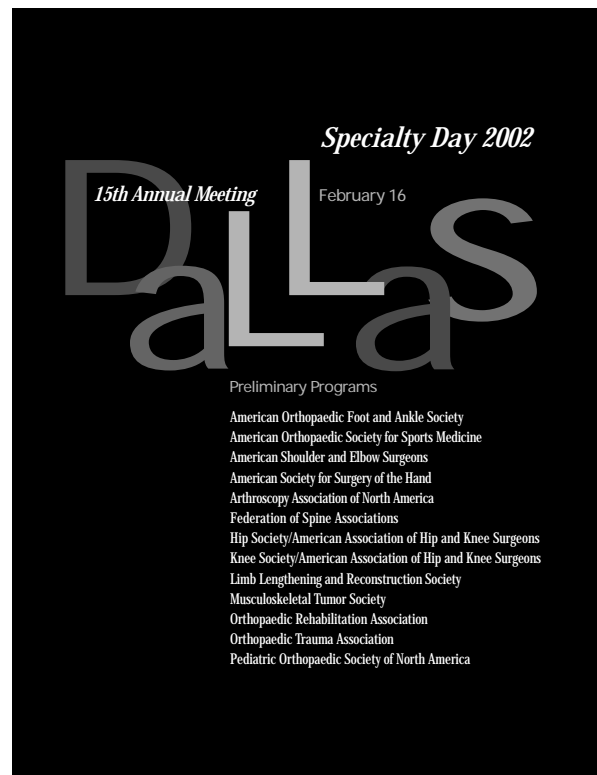
**ASES Closed Meeting** The Inn at Spanish Bay, Pebble Beach, California – October 30 – November 2, 2002. Opening Reception – Wednesday Evening, October 30, 2002; Scientific Session – Thursday-Saturday, October 31-November 2; Black Tie Banquet – Friday, November 1.

## DON'T MISS THIS OPPORTUNITY

### HOMETOWN RADIO OPPORTUNITY



Visit the Hometown Radio booth in the Dallas Convention Center to do an interview on an orthopaedic topic of your choice with our correspondent. These recorded segments are fed from the convention center to the correspondent's studio on the same day as recorded, where they are edited and transmitted by digital phone feed to stations in your hometown or state. This is an excellent opportunity to increase public awareness of orthopaedics. Contact Addy Kujawa in the Public and Media Relations Department at 847/384-4033 to specify your topic and make your appointment—a limited number of 15-minute interview time slots are available on Wednesday, Thursday and Friday, 7:00 am - 5:00 pm.



By now, you should have all received your Specialty Day 2002 Preliminary Programs book for the AAOS Annual Meeting, February 16th, in Dallas (cover pictured here). Don't forget to make your plans now to be in Dallas in February for this outstanding Annual Meeting and Specialty Day.

## UPDATES

### NEW CPT CODING UPDATES

This has been a busy year for CPT coding related to the shoulder and elbow. A number of new codes will be introduced in 2002, some have been modified, and total shoulder arthroplasty has finally been valued similar to a total hip and knee arthroplasty. I want to thank all the members who participated in the surveys used to value new codes or revalue old ones. This is an extremely important part of the process where you can have a direct impact on the establishment and value of a CPT code.

1) New CPT codes, effective January 1, 2002:

- 29806 Arthroscopy, shoulder, surgical; capsulorrhaphy (ie Bankart).
- 29807 Arthroscopy, shoulder, surgical; repair of SLAP lesion.
- 29824 Arthroscopy, shoulder, surgical; distal claviclectomy including distal articular surface (Mumford procedure).
- 24300 Manipulation, elbow, under anaesthesia
- 24332 Tenolysis, triceps.
- 24343 Repair lateral collateral ligament, elbow, with local tissue.
- 24344 Reconstruction lateral collateral ligament, elbow, with tendon graft (includes harvesting of graft).
- 24345 Repair medial collateral ligament, elbow, with local tissue.
- 24346 Reconstruction medial collateral ligament, elbow, with tendon graft (includes harvesting of graft).

2) The unlisted code has changed from 29909 to 29999. A thermal capsulorrhaphy should be billed using code 29999.

3) The diagnostic shoulder arthroscopy code has changed from 29815 to 29805.

4) The total relative value units for a total shoulder arthroplasty (23472) has been increased from 35.06 to 40.87. This compares with 40.12 for a total hip arthroplasty and 41.83 for a total knee arthroplasty.

5) In the Global Service Data Book, a rotator cuff repair is NOT included with a hemiarthroplasty (23470) or a total shoulder arthroplasty (23472), so that a rotator cuff repair code (eg. 23410, 23412, 23420) can be billed with an arthroplasty code.

6) In the Global Service Data Book, rotator cuff repair codes 23410 and 23412 do NOT include an acromioplasty. You can bill 23130 for an open acromioplasty or 29826 for an arthroscopic acromioplasty.

7) If you are doing an arthroscopic acromioplasty followed by a mini-open rotator cuff repair, the coding can be 23412 and 29826-59.

These changes should clarify a number of concerns and difficulties we have had coding shoulder and elbow procedures in the past. As always, please feel free to call (843-769-2000) or e-mail (rjfriedman@mybones.com) me with any CPT questions or concerns you have.

— Richard J. Friedman, MD, FRCS

### NAPA NOTES

*"A bottle of white, a bottle of red, perhaps a bottle of rosé instead."*

— Billy Joel

- A special nod to all our New York members who attended the Closed Meeting. Hoping not to miss anybody, but this included Louis Bigliani, Frances Cuomo, Dave Dines, Peter McCann, Roger Pollock, Frank Cordasco, and Jon Ticker.
- Welcome to our new members making their first appearance at the Closed Meeting: Field Blevins, Larry Field, Sandy Kirkley, Jed Kuhn, Mark Lazarus, Steve Petersen, Jon Ticker, and Ken Yamaguchi.
- Congratulations to Jim Tibone on his appointment as President-Elect, and his subsequent coming year as President of ASES.
- Although most slide presentations are now top quality thanks to PowerPoint, if we had an award for best slides/video, I would surely nominate Tony Romeo's dancing and boxing bear video. Not sure what it had to do with RCTs but it was hilarious.
- Question of the meeting award must go to Jeff Abrams, who actually stood up at the microphone and used the word "cicatrix" twice in the same question.
- The following new Associate Members were elected by the society in Napa: Lynn Crosby (Dayton, OH), Xavier Duralde (Atlanta, GA), Ed McFarland (Baltimore, MD), Pat McMahon (Pittsburgh, PA), and Wesley Nottage (San Juan Capistrano, CA). Biographies of the new members will be presented in future newsletters.
- New Corresponding Members approved in Napa: Ralph Hertel (Bern, Switzerland), Ofer Levy (Reading, United Kingdom)
- The following Associate Members were promoted to Active status at the Closed Meeting: Steve Lippitt, Greg Nicholson, Mike Pearl, and Roger Pollock.
- Buzz Burkhead presented the first Crying Shoulder Award for the most complicated case. Tom Norris presented a case that involved a motorcycle accident, over 20 surgeries, several infections, several non-unions, and then degenerated into a crime tale. After his presentation, Dave Dines recommended that the nominations be closed.
- Great to see Rich Hawkins back on his feet and doing well after recent heart surgery. He was even spotted on the golf course, although the surgery has not improved his golf swing.
- On Friday, a nice symposium was given on shoulder and elbow injuries in tennis players. This was a joint symposium with the American Society of Shoulder and Elbow Therapists, and one of the therapists, Tim Uhl, talked about the therapy and rehabilitation of tennis injuries.
- Bob Neviasser spoke about the *Journal of Shoulder and Elbow Surgery*, and updated its current status. He noted that JSES will be available online now for subscribers (in PDF format). In the future, proceedings of meetings will be presented only on-line. The current backlog for article publication (from time of acceptance to publication) is now about 6 months, with some slight upward creep due to an increased number of submissions and page limitations.
- Carl Basamania spoke about the new web site – it is now available at [www.ases-assn.org](http://www.ases-assn.org), although if you are reading this, you probably know that.
- Chris Jobe discussed the Open Meeting in Dallas next February. There

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## THE SHOULDER IN MUSIC AND LITERATURE

Hey, Jude (Lennon/McCartney)

And any time you feel the pain, hey Jude, refrain  
Don't carry the world upon your shoulders

And don't you know that it's just you, hey Jude,  
You'll do, the movement you need is on your shoulder.

Dick Cheney

Hey, my shoulder hurts!

To An Athlete Dying Young

(A. E. Housman from A Shropshire Lad)

The time you won your town race,  
We chaired you through the marketplace.  
Man and boy stood cheering by,  
And home we brought you shoulder high.

Today the road all runners come,  
Shoulder high we bring you home  
And set you at your threshold down,  
Townsmen of a stiller town.

Put Your Head on My Shoulder (Paul Anka)

Put your head on my shoulder  
Hold me in your arms, baby  
Squeeze me oh so tight  
Show me that you love me too.

Put your head on my shoulder  
Whisper in my ear, baby  
Words I want to hear

Tell me, tell me that you love me, too.



Sir Isaac Newton (1642-1727)

If I have seen further (than you and Descartes)  
it is by standing upon the shoulders of Giants.

– In a letter to Robert Hooke, 5 February 1675/76.

William Shakespeare (1564-1616)

I have seen better face in my time  
Than stands on any shoulder that I see  
Before me at this instant.

*King Lear, Act II,  
Scene ii, lines 99-101*



T. S. Eliot (1885-1965)

The backward look behind the assurance  
Of recorded history, the backward halflook  
Over the shoulder, towards the primitive terror.

*The Dry Salvages, Act II*

Satchel Paige

Don't ever look over your shoulder.  
Something might be gaining on you.

Aesop (ca. 550 BC)

Put your shoulder to the wheel.

*Hercules and the Wagoner*

## VOLUNTEER TO BUILD THE PLAYGROUND IN DALLAS 2002

The Safe, Accessible Playground building program provides an opportunity to visibly support playground safety by helping with the construction of a safe and wheelchair-accessible play structure for the children of Dallas. The playground will be built in one day on Tuesday, February 12, 2002 — the day before the Annual Meeting begins — by a coalition of volunteers that includes orthopaedic surgeons and their families, orthopaedic industry partners, state and specialty society representatives, the media, and community members.

The day begins at 8:00 a.m. and finishes at approximately 4:30 p.m. Busses will run between the Dallas Convention Center and the playground site every two hours from 7:30 a.m. - 4:30 p.m. Lunch will be provided at the location. No experience is necessary to help — experienced project managers will be on site to oversee the build. If you have an hour or two, or the entire day, come and see why this program is so rewarding and why several state societies are replicating it at the local level!

Teena Austin Public and Media Relations Department  
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have been 31 papers accepted. The meeting will include two symposia – one on rehabilitation led by Ben Kibler, and another on the diagnosis of SLAP lesions. Also, in the future, there may be only one category of Neer Award given at the Open Meeting.

• Bob Cofield gave information pertaining to the forthcoming IXth International Shoulder Meeting. It will be held at the Hyatt Regency in Washington, DC from May 2-5, 2004. The meeting is being planned by the Rosenbluth Group from Philadelphia. Members interested in assisting on committees were urged to contact either Bob Cofield or Bob Neviaser.

• At the auto racetrack in Napa, Mark Frankle relates that several members displayed their competitive zeal, among them Sandy Kirkley and husband, Mike, Dave Morrison, Jim Tibone, Dave Collins and, Nina, Mark and his wife, Mary, and Norm Poppen. The day was not without controversy, however. The racing was at first thought to have been won by the team of Mark Frankle and Mike Kirkley. But Sandy Kirkley then questioned the methodology of timing the race, and using an “intention to race” analysis, they were moved back to third place. At least, that’s what we think happened, as only Sandy actually understood it all.



## ORTHOPAEDIC RESEARCH and EDUCATION FOUNDATION

OREF continues to help advance quality research and education for conditions affecting the musculoskeletal and related systems by funding grants and awards to young and new investigators.

Each year OREF receives many grant applications from throughout the country. The number of projects funded depends on the level of support received from annual giving.

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- Ensure quality patient care
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