Arthroscopy Association of North America

American Orthopaedic Society for Sports Medicine

**American Shoulder and Elbow Surgeons**

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**Combined Specialty Day Meeting**

**Venetian Ballroom E**

**Saturday, March 28, 2015**

**Las Vegas, Nevada**

*Presenters are listed in* ***bold****.* **As of 3/12**

**Sports Medicine and Realistic Approaches:**

**How, Why and Staying Out of Trouble**

7:00 – 7:05 am

**Welcome Remarks**

*Augustus D. Mazzocca, MS, MD, Kevin D. Plancher, MD, Felix H. Savoie, III, MD, John M. Tokish, MD*

7:05 – 7:35 am

**PCL Session:** 17-Year-Old Soccer Goalie with Acute PCL, Grade 2 MCL

*Moderator: Darren L. Johnson, MD*

7:05 amPro: Non-Operative Management and Return-to-Play – ***Eric C. McCarty, MD***

7:10 amPro: Open Inlay: My Way – ***Mark D. Miller, MD***

7:15 amPro: Arthroscopic Inlay: My Way – ***Bruce A. Levy, MD***

7:20 amPro: Double Bundle Technique, It’s Easy – ***Robert F. LaPrade, MD***

7:25 amPro: Ethical Coding of PCL Injuries – ***Louis McIntyre, MD***

7:30 am Panel: Wrap-Up with Moderator – ***Darren L. Johnson, MD***

7:35 – 8:05 am

**Instability Session:** Anterior Dislocated Shoulder – 18-Year-Old Collision Athlete with No Bone Loss

*Moderator: Richard J. Hawkins, MD*

7:35 amPro: Fix It: Pearls for a Successful Arthroscopic Repair – ***Robert A. Arciero, MD***

7:41 amPro: Fix It: Open Bankart Repair – ***Russell F. Warren, MD***

7:47 amPro: Latarjet Repair – ***Pascal Boileau, MD***

7:53 amPro: Ethical Coding – ***Richard J. Friedman, MD, FRCSC***

7:59 am Panel: Wrap-Up with Moderator – ***Richard J. Hawkins, MD***

8:05 – 8:45 am

**Rotator Cuff Session:** Rotator Cuff: 48-Year-Old Male, Overhead Worker, 10+ Years On/Off Shoulder Pain, Always Responded to Injections, Mild Work Injury, Increasing Pain, MRI Shows Supraspinatus Tear with Grade 2 Atrophy and Acute Infraspinatus Tear with No Atrophy

*Moderator: Robert H. Bell, MD*

8:05 amPro: Fix Open with Tendon Transfers – ***Christian Gerber, MD***

8:10 amPro: Rotator Cuff Repair – ***Peter J. Millett, MD, MSc***

8:15 amPro: Rehab the Patient: The Supraspinatus Will Not Heal or Function–It Will Fail!

***Nicholas G.H. Mohtadi, MD, MSc, FRCSC***

8:20 amPro: Reverse Shoulder Prosthesis Acutely–The Rotator Cuff Will Not Work!

***Reuben Gobezie, MD***

8:25 amPro: Ethical Coding: Relevance of the AAOS CPG and AUC to This Patient:

Guide to Correct Treatment or Ethical Dilemma – ***William R. Beach, MD***

8:30 amPanel: Wrap-Up with Moderator – ***Robert H. Bell, MD***

8:35 am **Special Lecture:** Is There Value to Rotator Cuff Repair and How to Show This to

Patients and Insurers –***Jon J.P. Warner, MD***

8:45 – 9:10 am

**Healthcare Update 2015:** Quality over Quantity/ICD-10 and In-Network: How to Survive –

Hospital-Based Employee vs. Private Practice and Surviving Just Fine

*Moderator: Jack M. Bert, MD*

8:45 amDebate:

Pro:Hospital Based Employee – ***Evan L. Flatow, MD***

Pro: Private Practice –***Louis McIntyre, MD***

8:55 amLecture:ICD-10 in the Office: What You Need to Know – ***William R. Beach, MD***

9:05 am Lecture:Quality Over Quantity: Being the Doctor Again and Demanding It –

***Bernard F. Morrey, MD***

9:10 – 9:35 am

**Ortho-Biologics 2015 – The Evolving Frontier:** Science–Who’s Paying for It?

*Moderator: Augustus D. Mazzocca, MS, MD*

9:10 amPro: Viscosupplementation: Can We Still Offer It? –***C. Thomas Vangsness, MD***

9:15 amPro: Platelet Rich Plasma: Is It Efficacious and for Whom? –***Allan Mishra, MD***

9:20 amPro: Bone Marrow Aspirate Concentrate: New Kid on the Block –

***Kevin D. Plancher, MD***

9:25 amPro: Ethical Coding: How Is It Possible? Cash Only? –***Stephen C. Weber, MD***

9:30 am Panel: Wrap-Up with Moderator – ***Augustus D. Mazzocca, MS, MD***

9:35 – 9:50 am Break

9:50 – 10:15 am

**Biceps/SLAP Session:** 38-Year-Old Gardener with Pain in Dominant Shoulder, Grade 2 Osteoarthritis, Partial Articular Surface Tear, No Weakness, Type 2 SLAP

*Moderator: Richard K.N. Ryu, MD*

9:50 am Pro: Rehabilitation–No Surgery Necessary – ***David M. Lintner, MD***

9:55 amPro: Fix It Arthroscopically with Suture Anchors – ***Felix H. Savoie, III, MD***

10:00 amPro: Biceps Tenodesis: Mini-Open – ***John M. Tokish, MD***

10:05 am Pro: Ethical Coding – ***Kevin F. Bonner, MD***

10:10 am Panel: Wrap-Up with Moderator – ***Richard K.N. Ryu, MD***

10:15 – 10:50 am

**ACL/Meniscus Session**: 17-Year-Old Female with Acute ACL Tears, Focal 1.5 cm Osteochondral Lesion of Lateral Femoral Chondyle, and Lateral Meniscus Tear, Concerned About Return-to-Play

*Moderator: Kurt P. Spindler, MD*

10:15 amPro: Double Bundle Is Best – ***Freddie H. Fu, MD***

10:20 amPro: BTB Autograft Is Best – ***Elizabeth A. Arendt, MD***

10:25 amPro: Hamstring Autograft Is Best – ***Mark E. Steiner, MD***

10:30 am Pro: Quad Tendon Is Best – ***John W. Xerogeanes, MD***

10:35 amPro: Allograft Works: What’s the Fuss About? – ***Thomas R. Carter, MD***

10:40 am Pro: Ethical Coding – ***John C. Richmond, MD***

10:45 amPanel: Wrap-Up with Moderator – ***Kurt P. Spindler, MD***

10:50 – 11:20 am

**Cartilage Issues of the Knee, Shoulder, and Elbow Session:** Novel Techniques

*Moderator: Scott D. Gillogly, MD*

10:50 amPro: Microfracture vs. Osteoarticular Transfer System in the Knee –

***Nicholas A. Sgaglione, MD***

10:56 am Pro: Osteoarticular Grafts of the Shoulder – ***Brian J. Cole, MD, MBA***

11:02 amPro: OCD in the Elbow: My Treatment Regime – ***Michael G. Ciccotti, MD***

11:08 amPro: Non-Arthroplasty Options in the Shoulder – ***Matthew T. Provencher, MD***

11:14 am Panel: Wrap-Up with Moderator – How to Obtain Reimbursement –

***Scott D. Gillogly, MD***

11:20 am – 12:00 pm

**Complications of Knee, Shoulder, and Elbow Surgery Session:** My Tough Complication and How I Managed Them

*Moderator: James R. Andrews, MD*

11:20 amPro: Overview/AANA Complications Survey – ***Julie A. Dodds, MD***

11:25 amPro: The Knee – ACL Revision Complications – ***Russell F. Warren, MD***

11:30 amPro: The Knee – Patellofemoral MPFL Complications – ***Beth E. Shubin Stein, MD***

11:35 amPro: The Shoulder – TSA Complication – ***Robert H. Cofield, MD***

11:40 amPro: The Shoulder – Biceps Tendon Complication – ***Anthony A. Romeo, MD***

11:45 amPro: The Elbow – Supracondylar Fracture Dislocations: Complications –

***Jesse B. Jupiter, MD***

11:50 amPro: The Elbow – Tommy John Surgery Complication – ***John E. Conway, MD***

11:55 am Panel: Wrap-Up with Moderator – ***James R. Andrews, MD***

12:00 – 12:05 pm

**Wrap-Up and Remarks**

*Robert A. Arciero, MD (AOSSM), William R. Beach, MD (AANA), Robert H. Bell, MD (ASES)*

12:05 – 12:50 pm Lunch

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**Specialty Day Meeting**

**Palazzo Ballroom M**

**Saturday, March 28, 2015**

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*Presenters are listed in* ***bold****.* **As of 3/23**

12:50 pm Welcome and Opening Remarks

***Robert H. Bell, MD, President***

12:55 pm **NEER AWARD PRESENTATION**

***Robert H. Bell, MD***

**SESSION I: Shoulder Fracture**

*Moderator: Kevin D. Plancher, MD*

1:00 – 1:08 pm **How-To Video I:** Humeral Head Replacement for 3 and 4 Part

Proximal Humerus Fractures

***Evan L. Flatow, MD***

1:08 – 1:16 pm **How-To Video II:** Reverse Shoulder Prosthesis for 3 and 4 Part

Proximal Humerus Fractures

***Sumant G. Krishnan, MD***

1:16 – 1:24 pm **How-To Video III:** Proximal Humerus Fractures

***John M. Itamura, MD***

Paper #1

1:24 – 1:29 pm Minimally Invasive Plate Osteosynthesis for Proximal Humeral Fractures: A Prospective Study of Clinical and Radiological Outcomes According to Fracture Type

***Sang-Jin Shin, MD****, Jae Kwang Kim, MD, Young Won Koh, MD*

Paper #2 *Nominated for the Neer Award*

1:29 – 1:34 pm A Simpler Technique for the Treatment of Valgus-Impacted Proximal Humerus Fractures

***O. Alton Barron, MD****, Frank J. Gerold, MD, Joseph P. Donahue, MD, Louis W. Catalano, III, MD*

Paper #3

1:34 – 1:39 pm Outcomes of Arthroscopic Hardware Removal Following Locked Plating of Proximal Humerus Fractures: A Prospective Study

***Joshua S. Dines, MD****, Matthew R. Garner, MD,* *Asheesh Bedi, MD, Kristofer Jones, MD, Dean G. Lorich, MD, David M. Dines, MD*

Paper #4

1:39 – 1:44 pm Reverse Total Shoulder Arthroplasty Patients with a Proximal Humerus Fracture Have Significantly Worse Perioperative Outcomes than Other Indications: An Analysis of 5644 Cases

*Jimmy J. Jiang, MD, Aneet S. Toor, MD, Lewis L. Shi, MD,* ***Jason L. Koh, MD***

Paper #5

1:44 – 1:49 pm The Cost-Effectiveness of Open Reduction and Internal Fixation Compared with Hemiarthroplasty in the Management of Complex Proximal Humerus Fractures

***Robert J. Thorsness, MD****, James C. Iannuzzi, MD, MPH, Edward J. Shields, MD, Katia Noyes, PhD, MPH, Ilya Voloshin, MD*

1:49 – 2:00 pm Discussion and Questions

***Kevin D. Plancher, MD***

**SESSION II: Shoulder Arthroplasty**

*Moderator: W.Z. (Buz) Burkhead, Jr., MD*

Paper #6 *Nominated for the Neer Award*

2:00 – 2:05 pm Reverse Shoulder Arthroplasty for Massive Rotator Cuff Tear: Risk Factors for Poor Functional Improvement

***Robert U. Hartzler, MD****, Brandon Steen, MD, Michael M. Hussey, MD, Michael Cusick, MD, Benjamin J. Cottrell, BS, Rachel Clark, BA, CCRC, Mark A. Frankle, MD*

Paper #7 *Nominated for the Neer Award*

2:05 – 2:10 pm Testing of a Novel Guiding Device for Glenoid Component Placement in Total Shoulder Arthroplasty

*Gregory S. Lewis, PhD, Nicole Stevens, BS,* ***April D. Armstrong, MD***

Paper #8 *Winner of the 2015 the Neer Award – Clinical Science Research*

2:10 – 2:15 pm A Randomized, Prospective Evaluation on the Effectiveness of Tranexamic Acid in Reducing Blood Loss after Total Shoulder Arthroplasty

***Robert J. Gillespie, MD****, Yousef Shishani, MD, Shane Hanzlik, MD, Jonathan J. Streit, MD, Reuben Gobezie, MD*

Paper #9 *Winner of the 2015 the Neer Award – Basic Science Research*

2:15 – 2:20 pm Analysis of Cytokine Profiles in the Diagnosis of Periprosthetic Joint Infections of the Shoulder

***Salvatore J. Frangiamore, MD, MS****, Anas Saleh, MD, Matthew J. Grosso, MD, Mario Farias-Kovac, MD, Xiaochun S. Zhang, MD, PhD, Thomas M. Daly, MD, Thomas W. Bauer, MD, PhD, Joseph P. Iannotti, MD, PhD, Eric T. Ricchetti, MD*

Paper #10

2:20 – 2:25 pm The Impact of BMI on Short Term Complications Following Total Shoulder Arthroplasty

*Jimmy J. Jiang, MD, Pranay B. Patel, MD, Jason L. Koh, MD, Douglas R. Dirschl, MD,* ***Lewis L. Shi, MD***

Paper #11

2:25 – 2:30 pm Use of the Reverse Prosthesis in Patients in Wheelchairs or Walkers

***Lucas B. Romine, MD****, Filippo Familiari, MD, MBBS, Alan Gonzalez-Zapata, MD, Uma Srikumaran, MD, Edward G. McFarland, MD*

2:30 – 2:45 pm Discussion and Questions

***W.Z. (Buz) Burkhead, Jr., MD***

2:45 – 3:15 pm Break

**SESSION III: Rotator Cuff**

*Moderator: William N. Levine, MD*

3:15 – 3:25 pm **How-To Video IV:** How I Do a Rotator Cuff Repair

***Jeffrey S. Abrams, MD***

Paper #12

3:25 – 3:30 pm Psychological Distress Negatively Impacts Self-Assessment of Shoulder Function in Patients with Rotator Cuff Tears

***Michael Q. Potter, MD****, James D. Wylie, MD, Robert T. Burks, MD, Patrick E. Greis, MD, Robert Z. Tashjian, MD*

Paper #13 *Nominated for the Neer Award*

3:30 – 3:35 pm Full Thickness Rotator Cuff Tears Summary Recommendations of the Appropriate Use Criteria

***Christopher C. Schmidt, MD****, Bernard F. Morrey, MD, Jayson Murray, MA, James O. Sanders, MD*

Paper #14 *Nominated for the Neer Award*

3:35 – 3:40 pm Effect of Arthroscopic Capsular Release on Shoulder Stiffness Concomitant with a Rotator Cuff Tear -Diabetes as a Predisposing Factor Associated with Treatment Outcome

***Seok Won Chung, MD****, Kyung-Soo Oh, MD, Jong Pil Yoon, MD, Jin-Young Park, MD*

Paper #15

3:40 – 3:45 pm Primary vs. Revision Arthroscopic Rotator Cuff Repair: An Analysis in 360 Consecutive Patients

*Aminudin Shamsudin, MD, MMed (Ortho), Patrick H. Lam, PhD, Karin Peters, MD, Imants Rubenis, Lisa Hackett, AMS,* ***George A.C. Murrell, MD, DPhil***

Paper #16 *Nominated for the Neer Award*

3:45 – 3:50 pm Arthroscopic Anchorless vs. Anchored Rotator Cuff Repair: Are the Cost Savings worth the Hassle?

***Eric M. Black, MD****, Luke S. Austin, MD, Alexa Narzikul, BA, Kelly Martens, MD, Mark D. Lazarus, MD*

Paper #17 *Nominated for the Neer Award*

3:50 – 3:55 pm The Effect of Concomitant Glenohumeral Joint Capsule Release During Rotator Cuff Repair: A Comparative Study of 195 Arthroscopic Rotator Cuff Repairs

***Jordan P. McGrath****, Patrick H. Lam, PhD, Martin T.S. Tan, George A.C. Murrell, MD, DPhil*

3:55 – 4:10 pm Discussion and Questions

***William N. Levine, MD***

**SESSION IV: Elbow**

*Moderator: Matthew L. Ramsey, MD*

4:10 – 4:20 pm **How-To Video V:** Radio-Capitellar Arthroplasty

***Scott P. Steinmann, MD***

Paper #18

4:20 – 4:25 pm Anthropometric Study of the Radio-Capitellar Joint

***Matthias Vanhees, MD****, Dave R. Shukla, MBBCh, James S. Fitzsimmons, BSc, Kai-Nan An, PhD, Shawn W. O'Driscoll, PhD, MD*

Paper #19

4:25 – 4:30 pm Suture Anchor Fixation of Displaced Olecranon Fractures in the Elderly

*Dexter Bateman, BS,* ***Jonathan D. Barlow, MD, MS****, Corinne VanBeek, MD, Joseph A. Abboud, MD*

Paper #20

4:30 – 4:35 pm Effect of Insertion Angle on Locking Mechanism Strength in Polyaxial Plates

***Ghita Bouzarif, BS****, Michelle H. McGarry, MD, Martin Tynan, MD, Thay Q. Lee, PhD*

Paper #21

4:35 – 4:40 pm The Relationship between Heterotopic Ossification (HO) and Nerves of the Anterior Elbow: A Study Based on Computed Tomography Findings

***Daniel R. Bachman, MD****, Saygin Kamaci, MD, Sutee Thaveepunsan, MD, Sangeun Park, MD, George I. Vasileiadis, MD, PhD, Shawn W. O’Driscoll, PhD, MD*

Paper #22

4:40 – 4:45 pm Decreased Lower Extremity Functional Movement Scores as a Predictor for Elbow Injury in Professional Baseball Pitchers

*Braden K. Mayer, MD, Ellen Shanley, PhD, PT, OCS, Charles A. Thigpen, PhD, PT, ATC,* ***Thomas J. Noonan, MD***

4:45 – 5:00 pm Discussion and Questions

***Matthew L. Ramsey, MD***

**SESSION V: Miscellaneous**

*Moderators: Kevin D. Plancher, MD, and Felix H. Savoie, III, MD*

Paper #23

5:00 – 5:05 pm Outcomes of Arthroscopic Anterior Shoulder Instability in the Beach Chair vs. the Lateral Decubitus Position: A Systematic Review and Meta-Regression Analysis

***Rachel M. Frank, MD****, Maristella F. Saccomanno, MD, Lucas S. McDonald, MD, Mario Moric, MS, Anthony A. Romeo, MD, Matthew T. Provencher, MD*

Paper #24

5:05 – 5:10 pm Glenoid Morphology after Arthroscopic Osseous Bankart Repair for Chronic Traumatic Anterior Glenohumeral Instability: A 5 To 8 Year Follow-Up

***Hiroyuki Sugaya, MD****, Soichiro Kitayama, MD, Norimasa Takahashi, MD, Nobuaki Kawai, MD, Kazutomo Onishi, MD, Yusuke Ueda, MD*

Paper #25

5:10 – 5:15 pm EMG Analysis of Rotator Cuff Function During Driving

***Sameer H. Nagda, MD****, Megan C. Paulus, MD, Lauren Bierman, BS, Kevin Fitzpatrick, MD, Brent B. Wiesel, MD*

Paper #26

5:15 – 5:20 pm Safety of Shoulder Surgery in the Beach-Chair Position under Interscalene Nerve Block with Spontaneous Respiration: A Single Center Series

***Mark W. Rodosky, MD****, Brian A. Williams, MD, Michael Kentor, MD, Steven Orebaugh, MD*

Paper #27

5:20 – 5:25 pm Establishing a Mouse Model to Evaluate Mesenchymal Stem Cells as a Potential Preoperative Adjuvant in the Management of Massive Rotator Cuff Tears

***Adam Z. Khan, BS****, Tomasz J. Kowalski, MD, PhD, Cameron A. Garagozlo, Claire D. Eliasberg, BS, Owen J. McBride, BS, Peter I. Cha, BA, Kyle M. Natsuhara, BS, Kunal Sukhija, MD, Frank A. Petrigliano, MD*

Paper #28

5:25 – 5:30 pm Clinical Outcomes and Intra-Articular Findings of First-Time Shoulder Dislocations after Arthroscopic Stabilization Procedure: A Comparative Study with Recurrent Shoulder Dislocations

***Sang-Jin Shin, MD****, Myeong Jae Seo, MD, Nandan N. Rao, MD*

5:30 – 5:45 pm Discussion and Questions

***Kevin D. Plancher, MD, and Felix H. Savoie, III, MD***

5:45 pm Adjourn

***Kevin D. Plancher, MD, and Felix H. Savoie, III, MD***