



American Shoulder and Elbow Surgeons
ASES Resident Course
November 20-21, 2021
Orthopaedic Learning Center, Rosemont, IL

Essentials of Shoulder and Elbow Surgery for Residents

As of 9/21/21

Saturday, November 20th

SESSION 1: SHOULDER 1

Lectures – Auditorium AB

- 6:30am am Announcements
Michael J. O'Brien, MD, Course Co-Chair
Eric T. Ricchetti, MD, Course Co-Chair
Charles L. Getz, MD, Course Co-Chair
- 6:35 am Basics of Evaluation of the Shoulder Patient: Evaluation, Examination, Imaging
Moderator: **Matthew D. Saltzman, MD**
Panel: **Joaquin Sanchez-Sotelo, MD, PhD, Gerald R. Williams Jr., MD, Jay D. Keener, MD, Paul M. Sethi, MD, G. Russell Huffman, MD, MPH**
- 7:35 am 10 Technical Tips: Arthroscopic Bankart/Posterior Repair
Anand M. Murthi, MD
- 7:45 am Options for Bone Loss in Shoulder Instability
Charles L. Getz, MD
- 7:55 am Shoulder Instability Panel: Case Presentation (Remplissage, HAGL, 15% Bone Loss)
Moderator: **Michael J. O'Brien, MD**
Panel: **Anand M. Murthi, MD, R. Shane Barton, MD, Sameer Nagda, MD, Charles L. Getz, MD, Wesley P. Phipatanakul, MD**

Lab

- 8:30 am Arthroscopic Labral Repairs – Bankart
Objectives: Portal Placement, Systematic Diagnostic Evaluation, Anchor Placement, Suture Passage and Tying
Lab Leader: **Vani J. Sabesan, MD**
- 9:30 am Posterior Labrum Repair, Remplissage
Objectives: Portal Placement, Systematic Diagnostic Evaluation, Anchor Placement, Suture Passage and Tying
Lab leader: **Curtis Noel, MD**

10:30am **Spotlight Session #1: Smith and Nephew**
Arthroscopic Bone Block
Michael J. O'Brien, MD

- 10:40 am Fracture Panel: Case Presentation (Clavicle, Proximal Humerus, Humeral Shaft, Scapula)
Moderator: **Christopher R. Chuinard, MD, MPH**
Panel: **Jonathan D. Barlow, MD, MS, Jack E. Kazanjian, DO, Adam B. Shafritz, MD, Peter S. Vezeridis, MD, Dane H. Salazar, MD**

SESSION 2: ROTATOR CUFF

Lectures – Auditorium AB

- 11:10 am Arthroscopic Cuff Repair: The 5 Technical Features
Paul M. Sethi, MD
- 11:20 am Rotator Cuff Panel: Case Presentation (Basic Care of Rotator Cuff Problems, Massive RCR, SCR, Transfers, Biceps)
Moderator: **Bradford O. Parsons, MD**
Panel: **Anand M. Murthi, MD, Ranjan Gupta, MD, Raffy Mirzayan, MD, Thomas S. Obermeyer Jr., MD, Surena Namdari, MD, MSc**

WORKING LUNCH – Auditorium AB

12:00 pm – 1:00 pm

Case Presentations:

Leader: **Robert Z. Tashjian, MD, Sameer Nagda, MD**
Small groups: 1 faculty, 4-5 course participants, 4-5 cases
Instability case: contact athlete with 15% bone loss
Rotator Cuff cases: massive RCR
Arthritis case: 45 y/o weight-lifter with DJD and B2 glenoid

Lab

- 1:00 pm Rotator Cuff Lab
Objectives: Arthroscopic Repair, Subscap, Open Repair, Biceps
Lab Leader: **Thomas S. Obermeyer Jr., MD**

SESSION 3: SHOULDER 2

Lectures – Auditorium AB

- 3:00 pm 5 Critical Points to Perform an Anatomic TSA
Gerald R. Williams Jr., MD
- 3:10 pm How to Get Great Glenoid Exposure
Jay D. Keener, MD
- 3:20 pm **Spotlight Session #2: DJO**
Jonathan C. Levy, MD
Pre-operative planning
- 3:30 pm **Spotlight Session #3: ExacTech**
Howard D. Routman, DO
Intra-operative GPS Navigation
- 3:40 pm 5 Critical Points to Perform a Reverse TSA
Joaquin Sanchez-Sotelo, MD, PhD
- 3:50 pm Shoulder Arthroplasty Panel: Case Presentation (Simple Cases, Not Unicorns)
Moderator: **Eric T. Ricchetti, MD**
Panel: **Gerald R. Williams Jr., MD, Andrew Jawa, MD, Curtis Noel, MD, Jonathan C. Levy, MD, Vani J. Sabesan, MD**

Lab

- 4:30 pm Shoulder Arthroplasty Lab
Anatomic TSA – Convert to Reverse
Objectives: Deltpectoral Approach, Glenoid Exposure
Lab Leader: **Peter S. Vezzeridis, MD**

- 6:30 pm Adjourn
- 6:30 pm –** **Resident Networking Reception:** Pizza and Faculty Meet & Greet
7:40 pm
- 8:00 pm** **Faculty Dinner**

Sunday, November 21st

Lecture – Auditorium AB

- 7:00 am Common Intra-operative Complications, How to Get Out of Trouble
Moderator: **Surena Namdari, MD, MSc**
Panel: **Gerald R. Williams Jr., Eric T. Ricchetti, MD, Bradford O. Parsons, MD, Howard D. Routman, MD, Christopher R. Chuinard, MD, MPH**

SESSION 4: ELBOW

Lectures – Auditorium AB

- 8:00 am How to Take an Elbow Apart and Put It Back Together!
Medial, Lateral, Posterior Family of Approaches—Most common approaches
(Kocher/Kaplan, Column Approach, Hotchkiss Over the Top, Coronoid Exposure)
Robert Z. Tashjian, MD
- 8:15 am Arthroscopy Set-Up, Portal Placement, Diagnostic Arthroscopy
Raffy Mirzayan, MD
- 8:25 am 5 Critical Points to Perform Total Elbow Arthroplasty
Joaquin Sanchez-Sotelo, MD, PhD
- 8:35 am Elbow Panel: Case Presentation (Distal biceps, distal triceps, UCL tear, PLRI,
fracture/dislocation)
Moderator: **Marc S. Kowalsky, MD**
Panel: **Joaquin Sanchez-Sotelo, MD, PhD, Anand M. Murthi, MD, Caroline M. Chebli, MD, Erich J. Lingenfelter, MD, G. Russell Huffman, MD, MPH**

Lab

- 9:05 am Open Dissection/Elbow Approaches
Objectives: Biceps Repair/Triceps Repair/UCL/LCL/Identify PIN, ECRL/Flexor Mass
Repair/Tennis Elbow Surgery/Olecranon osteotomy
Elbow arthroscopy?
Lab Leader: **Adam B. Shafritz, MD**

WORKING LUNCH – Auditorium AB

11:00am – 12:00 pm

Resident Q&A: Residents to submit specific questions ahead of time

“Questions I am afraid to ask because I think I should know the answer.”

Wrap up and review

- 12:00 pm Adjourn

Faculty

Course Co-Chairs

Michael J. O'Brien, MD
Eric T. Ricchetti, MD
Charles L. Getz, MD

Senior Faculty

Anand M. Murthi, MD
Joaquin Sanchez-Sotelo, MD, PhD
Gerald R. Williams Jr., MD

Core Faculty

Jonathan D. Barlow, MD, MS
R. Shane Barton, MD
Caroline M. Chebli, MD
Christopher R. Chuinard, MD, MPH
Ranjan Gupta, MD
G. Russell Huffman, MD, MPH
Andrew Jawa, MD
Jack E. Kazanjian, DO
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